

*Post-Congress Satellite Meeting
of the European Congress
on Obesity -
ECO2007*



**THE PLACE OF BALNEOTHERAPY
IN OBESITY MANAGEMENT
FROM PREVENTION TO COMPLEX TREATMENT**

**26-27 APRIL, 2007
HOTEL KAROS SPA, ZALAKAROS – HUNGARY**



Invitation

www.eco2007.org
www.asszisztencia.hu
www.elhizastudomany.hu

ORGANIZERS

Tamás BENDER / *Hungarian Society of Balneology*

László HALMY / *Hungarian Society for the Study of Obesity*

SCIENTIFIC ORGANISING COMMITTEE

Chair:

László HALMY

Members:

Géza BÁLINT

Pál GÉHER

B;la GÖMÖR

Eszter HALMY

Júlia SÜVEGES

Pedro CANTISTA

Christof GUTENBRUNNER

M. Zeki KARAGÜLLE

MAIN TOPICS

USEFULNESS OF MEDICAL WATERS IN OBESITY MANAGEMENT

BALNEOTHERAPY, DRINKING CURES

HYDROTHERAPEUTIC POSSIBILITIES IN CHILDHOOD OBESITY

SUBAQUAL EXERCISE, AQUAFITNESS

WEIGHT MAINTENANCE OF OBESE PATIENTS WITH OSTEOARTHRITIS

CONDROPROTECTION

DATE & VENUE

26-27 April, 2007

Hotel Karos Spa, Zalakaros

Alma u. 1.

8749 Zalakaros, Hungary

www.karos-spa.com

OFFICIAL LANGUAGE

English

PROGRAM SCHEDULE

25 April, 2007 (Wednesday)

17:00	Departure from Budapest
20:30	Welcome Reception Welcome Address by Tamás Bender, President of the Hungarian Society of Balneology

26 April, 2007 (Thursday)

10:30	Opening
11:00 - 13:00	Plenary Lectures
13:00 - 14:30	Lunch
14:30 - 16:00	Symposium
16:00 - 16:30	Coffee Break
16:30 - 18:00	Free Lectures
20:00	Banquet and wine-tasting

27 April, 2007 (Friday)

10:00 - 11:30	Free Lectures
11:30 - 12:00	Closing
12:00 - 14:00	Lunch
14:30	Departure

REGISTRATION

Each participant wishing to attend the Symposium should register in advance. For registration:

- please return the Registration Form to the Symposium Secretariat duly filled in with the requested details
- or use the On-line Registration Form through www.asszisztencia.hu

REGISTRATION FEES

Before 15 February, 2007	280 EUR
After 15 February, 2007	320 EUR

REGISTRATION FEES INCLUDE

- attendance at symposium lectures
- final program
- coffee breaks
- lunches
- banquet and wine-tasting
- accommodation for 2 nights (25-27 April)
- Budapest-Zalakaros-Budapest shuttle bus

SYMPOSIUM SECRETARIAT

Asszisztencia Szervező Kft

H-1136 Budapest, Hegedűs Gy. u. 20.

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Fax: +36 1 350 0929

E-mail: ecosat@asszisztencia.hu

ABOUT THE VENUE

Zalakaros is located in the south-western part of Hungary amongst beautiful and tranquil settings.

The area is surrounded by vineyards and fruit orchards, forests, grooves, gently sloping hills and fishing ponds all creating romantic atmosphere. The diverse region offers several bicycle and trekking routes to those, who would like to have an active holiday.



The tiniest city of Hungary gained fame by chance in 1967, when an oil prospect drilling resulted in a nearly 96°C hot thermal spring coming up from 1000 meter. These circumstances provided the base of the re-introduction of the customs of the ancient Roman bath culture that once flourished in Pannonia. The certified medical water proved very effective in the treatment of chronic arthritis, chronic gynaecological, dental and rheumatic diseases, and prior to and after orthopaedic surgeries, neurosurgeries and operations.

In this small section of the Balaton Region several places of cultural and natural interest can be found within 50 km distance; the Little Balaton Natural Reserve, the archeological findings of Fenékpusztá from the Roman era, the bird ringing station, the buffalo reserve of Kápolnapusztá, the outdoor village museums of Vörs and Galambok.

Besides the fascinating conditions, the hospitality and politeness of the locals makes your Zalakaros stay perfect.

Hidden in the heart of Zalakaros, surrounded by a 'Paradise garden' the **Hotel Karos Spa** presents 221 room of the distinctive Spa Superior design and various offers to small and big families or individual guests.

All the different services of the **Spa Medical and Health Center** and the '**Alma**' **Spa-Wellness World** – wellness, fitness, medical and Spa services – are available for the guest, who seeks leisure and regeneration.

In the island of perfect relaxation and pampering, at the **Hotel Karos Spa** everybody – adults and children as well – can forget the troubles and rushes of the world.

